# THE <br> Newman INDEPENDENT 

Volume 140, Issue 4

## Losing It

## by Kristine J. Trudeau

Last month, I had the opportunity to talk to two amazing local women about their reasons for choosing a healthy lifestyle and how it has affected their lives. Angie Bergner of Camargo, and Deanne Hutchinson of Villa Grove, are certified personal trainers for Tuscola Chix in Training, located at $\mathrm{Nu}-\mathrm{Ag}$ Seeds on Route 45 and Hayes Road.
The ladies met each other at Tish Gulick and Rebekah Hopkin's boot camp (the originators and owners of Chix in Training), held at Rebekah's home on Route 130, Camargo. They've known each other for a long time, and though they have very different backgrounds, they work well together and hold the same life philosophies.
Chix is unique in their approach to physical fitness because they start with implementing biblical principles transforming the body by renewing the mind. By focusing on God's Word, they build their believing not only in their physical training, but also in many other areas of living.
The training camps run three days/week and are four to six weeks long; sessions are one-hour. Exercises constantly change to keep sessions interesting, keep the client working hard and they can be modified for different fitness levels. Each client is encouraged to have specific goals they want to meet for that session. No particular diet is promoted, though clean eating is encouraged because a healthy body is $80 \%$ diet, $10 \%$ exercise and $10 \%$ genetics. "You can exercise all day long," Deanne said, "but if you don't eat right you're not going to get the results you want." Each client attends Chix for her own reasons, whether for encouragement, fellowship, health and fitness, weight-loss or spiritual.

Third graders at Tuscola's Northward Elementary School will have to work hard to keep up with their teacher, Angie Bergner.
Although Angie never struggled with her weight in high school, she developed poor eating habits that continued through her college years. To make her point, she joked about her favorite food being frozen Snickers. She didn't start having weight issues until after her two boys were born. Since she's been involved with Chix in Training, Angie's eating has changed dramatically, but she admits, it's not always easy to eat healthy. Because of her busy, active lifestyle in keeping up with her boys, eating healthy can sometimes be a challenge, but she knows she has the knowledge to make the best possible choices when out and about. At the end of October 2010, Angie was
life. She had just finished a five-day/week Ultimate Camp and had run the same halfmarathon as Deanne. She felt and looked great.
December 2010 she and her family took a vacation to Florida. On December 29, while at Key West, she had a stroke. At the age of 40 , Angie physically lost everything she'd gained. A blood clot on the left side of her brain caused the stroke to affect her entire right side. She lost her sight, her mouth drooped and she was paralyzed.
She was airlifted to Miami. By the time she arrived in Miami, she only had 45minutes left to received proper treatment or suffer permanent damage, but she had


Angie Bergner
already begun to improve. Her fitness level saved her life.
After many test, it was discovered she had been born with a Patent Foramen Ovale (PFO), in simple English - a hole in her heart. The blood clot went through the flap covering the hole and straight to her brain.

Since the stroke and her subsequent surgery to fix the flap, Angie has continued her fitness journey not allowing the stroke, or fear of another one to keep her from attaining her goals. In 2012 she ran a marathon relay - her part was 6 -miles. She ran, in 2013, the 5 K and 10 K at the Illinois Marathon weekend in April, as well as the 13.1-mile Disney Princess Marathon.

Angie is a certified personal trainer, certified Zumba instructor, and has a goal to become a certified PiYO instructor and certified in the area of nutrition.

Angie is the daughter of Chuck and Glenna White of Newman and the granddaughter of Kathleen White, formally of Newman now residing in Oakland.
If you would like more information on Chix in Training, www.chixintraining.com or you can contact Deanne and Angie at these email addresses: angie@chixintraining.com

## TRIPLE CROWN <br> Raider Ladies Queens of League with Third Straight Tourney Title by Tim Hendershot

The past two seasons have seen the Shiloh Raiders girls' basketball team come out with a fire and passion to be the top dogs in the Little Okaw Valley Conference as they have won the last two league tournament titles and have been in the top three in the league standings during the regular season each year. This season, the talk was if this year's version combined with experience and young talent can duplicate what the program has seen in recent years. After last week's action, that answer would have to be an emphatic yes! Dave Tingley and his squad came into last week's Little Okaw Valley Conference Tournament in Arcola as the number two seed in the eight team field looking to capture the crown for the third straight year and continue an unbelievable run that has seen his team rise up to number eight in the latest Class 1A rankings and has fans excited for the stretch run. After the smoke had cleared on the week, the ladies of the Blue and Gold battled through all of the tests put in front of them and rose out of the pile as the LOVC Tournament title holders once again and have the rest of the area seeing them as a legitimate threat for a deep run in the post-season.
Monday night saw the Raiders take on the Tri-County Titans for the second time in three days as the teams faced off two weeks ago on a Saturday afternoon with the Raiders cruising past the Titans on that day. After a first quarter that saw Shiloh battle Tri-County and only being up 9-6, the Raiders then clamped down the rest of the contest outscoring the Titans 39-14 and breezing to the semifinals by a score of 48-20. Lauren Moses finished with 19 points and Shayne Smith added 10 in the win. The duo of Abby Smith and Megan Humphres ended with 8 points each for the Titans in defeat.

Thursday night saw the Raiders take on the Arthur-Lovington/AtwoodHammond Lancers with a spot in the title game on the line and Shiloh used a strong defensive stand holding the A-L/A-H to just 3 of 20 shooting during an over fourteen minute stretch after the game being tied at 15-15 to pull away and hold off a late Lancers rally attempt in the fourth

## Congratulations Lady Raiders on your 3rd Year in-a-row LOVC Tournament Championship!

## Mark your calendars! The Fireworks Soup Supper Fundraiser is coming up on February 15th at the Newman American Legion. More information coming!

quarter to advance with a 49-43 win. The free throw line was also a big factor as the Blue and Gold went 19 of 27 for 70 percent while A-L/A-H only went 5 of 9 for 56 percent. Bethany McGinness had a strong performance leading the way with 20 points while grabbing 9 rebounds while Lauren Moses finished with 11 and Shayne Smith added 10 in the win. Sherelle Coller scored 14 points and Karly Goodman chipped in 13 to lead the Lancers.

Saturday night saw the title contest pitting two top ten teams in Class 1A as the number eight Raiders took on the number seven and top seed Arcola Purple Riders. These two teams faced off earlier in the regular season in a non-conference game in Hume with the Purple Riders taking the road win and the Raiders looking for payback on Arcola's home court. After a close first half that saw the Raiders hold a slim 30-25 lead, the defense was a factor once again as Shiloh held Arcola to just 2 of 19 shooting for the first $14: 14$ of the second half pulling away to capture their third straight tournament crown and their fifth title in the last six years by a score of 47-39. Shayne Smith led the way for the Raiders with 22 points while Lauren Moses chipped in 8 points and 12 rebounds and Tori Stierwalt had a good night off the bench adding 6 points in the win. Taylor Edwards led the Purple Riders with 22 points in the loss. The Raiders finished the game shooting 50 percent to the Purple Riders 30 percent. The Raiders (21-3 overall, 3-0 LOVC) will have gone back to Arcola on Monday for the rubber match of the season against the Arcola Purple Riders with both teams having one win each and first place and a possible LOVC regular season title on the line. The squad will also have played on Wednesday in a rescheduled game in Chrisman against the Chrisman Cardinals. The squad will be back in action this evening at Villa Grove High School for a contest against the Villa Grove/Heritage Blue Devils. Tip time is set for 6:00 for the JV with the varsity contest to follow. Basketball Central will have a full rundown of the games for you next week as the upcoming post-season approaches.

## Peace Meals

 Menus
## Jan. 30: Chicken and noodles, pickled

 or Harvard beets, herbed peas or pea salad, Mandarin oranges, dinner Roll Jan. 31: 2 MEALS DELIVERED ON THURSDAY. NO MEALS SERVED ON FRIDAY.Feb. 4: Smoked pork chop, cheesy potato casserole, seasoned greens, fruited gelatin, whole grain wheat (2) Feb. 5: Country breaded white fish, mini potato bakers, seasoned green beans, dinner roll
Feb. 6: Ham and beans, copper carrots, pears cornbread

## Feb. 7: 2MEALSDELIVERED ON

 THURSDAY. NO MEALS SERVED ON FRIDAY.In Newman:
Served Mon, Tues, Wed Call Betty Hopkins at 837-2037 In Hume:
To Make Reservations, please call Jeri at 887-2442 In Brocton:
To Make Reservations, please call
Christie Cox at 276-3126
24 hours in advance Served Mon-Fri

## Just a reminder <br> Our deadline is

 Monday at noon for that week's paper.
## THE Newman

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HAPPY 50TH ANNIVERSARY


## Happy 50th $\mathcal{A}$ nniversary Grandma \& Grandpa

 Love, Timmy, Kara, Cody, Lucas, Jason, JilC \& Mara

## FROM THE NEWMAN COUNCIL OF CHURCHES

Rev. Joy Starwalt United Methodist Church
Jesus Christ is the same yesterday and today and forever.

## Hebrews 13:8

Stacy Johnson from "Money Talks News" wrote his list of 25 things kids born in 2014 might never experience. Here is a portion of his list:

- The post office - Instead of email, someone used to come all the way to your house just to drop a bunch of ads into a box on the front porch.
- Parking meters - There was a time when you had to pay for parking by putting coins into a little steel box on a pole.
- Bank tellers - People used to visit a bank branch to make deposits and withdrawals, rather than having it done digitally in mere seconds with no travel involved.
- Phone booths - Before everyone had wireless phones, there used to be little glass rooms on street corners where you would go in and use coins to make a call.
- Bookstores - a retail store where you would go to buy books.
- Books - There used to be a physical version of e-books made out of paper.
- Cursive handwriting - You would pick up a pen or pencil and actually write things by hand. Not only that, but the letters of each word were all connected in such a way that it was often impossible to decipher.
- Toll booths - Before they starting charging tolls by taking a picture of your license plate, you had to stop at a booth and either throw money in a basket or hand it to someone. They were kind of like phone booths on the turnpike.
- Non-digital picture frames - There was a time when a picture frame could only display one picture at a time, so you needed a frame for every picture. Some were better looking than the picture they contained.
Change. Oh how hard it is for all of us. Some of these changes may be good in the long run, but oh so difficult for the time being!

I was thinking about Johnson's list when reading in the Book of Hebrews. The author lays out some life lessons for us to learn rather quickly: Do not neglect to show hospitality to strangers; remember those who are in prison; let marriage be held in honor by all; keep your lives free from the love of money.... And right in the middle of the instruction, comes this teaching: Jesus Christ is the same yesterday and today and forever.

As much as we don't like change, the word "same" can hit a raw nerve too. see Council of Churches cont. p. 3

## FEBRUARY BIRTHDAYS

February 1: Shirley Trimble, Michael Ferguson, Gladys Rae Smith, Kallie Busby, Jim Clifton, Jr., Jan Rominger
February 2: Cloyde McCown, Matthew Pangburn, Judy Davidson, Amy Czerwonka, Marydith McGee, Jerry C. Sigler
February 3: Betty Bloss, Bartlett House, Jr., Kenneth Lewis, William Upright, Timothy Pollock, Tracy Hoel, Robert Stanley, Denise Kibler
February 4: Charles Davis, Robert Stutz, Susan Long, Mrs. R.Q. Williams, Nancy Sinclair, Stan Wienke, Susan McComas
February 5: Clara Faye Walker, Catherine Cornwell, Betty Sue Vermillion, Kathleen O'Leary, Brian Clarke, Dean Biddle
February 6: Gertrude Bosch Fox, John A. Croll, Carolyn Craddock, Sarah Wagoner, Katherine Davis, Stephanie Ann Davis
February 7: Dana Davis, Gary Craig

## OBITUARY

## Harold E. Craig

Harold E. Craig, 72 of Newman, IL passed away on Monday (January 20, 2014) at the Union Hospital in Terre Haute, IN. A graveside service will be held on Friday at $2: 00 \mathrm{pm}$ at the Fairfield Cemetery in Newman. Pastor Ben Williamson will officiate.
Mr. Craig was born on January 25, 1941 in Newman, a son of Harold and Mary Kerans Craig. He married Nancy Schmitt on August 4, 1963 in Newman. She survives. Also surviving are children Harold R. (Dana) Craig of Villa Grove, IL, and William F. Craig of Newman and also his grandchildren Alana, Jacob (Kristen), Johnny, Matthew, and Mason Craig. He is also survived by his great grandchildren Logan, Gracie, and Anna and his sisters Shirley Easton, Marybelle Conner, and Judy Berry. He was preceded in death by his parents and a sister Esther.

Harold was a lifelong farmer in the Newman and Villa Grove area. He enjoyed collecting toy tractors and attending farm shows. He loved spending time with his family and always attended his grandkids sporting events.

Joines-Appleby Funeral Home of Newman, IL is in charge of arrangements.

## DAR History Essay Winners Announced

Two Atwood-Hammond School students and one from Arthur have been declared the winners of the 2013 American History Essay Contest sponsored by the Stephen A. Douglas Chapter, NSDAR. Megan Harshbarger, $6^{\text {th }}$ grade, and Emma Harris, $7^{\text {th }}$ grade, both of Atwood and Macy Hollingsworth $8^{\text {th }}$ grade, of Arthur will be honored at the DAR/SAR Good Citizens Luncheon on Saturday, February $8^{\text {th }}$.

The 2013 topic was "The Lives of Children During the American Revolution". They were each to pretend that they lived during the colonial fight for freedom, what new responsibilities they might have had in their family and how that affected their lives. Reading resources were suggested; directions for writing the essay were provided; the student had to include a title page and a bibliography. The essay judges were provided with a scoring sheet and instructions for them to follow. Because this contest is nationwide, specific criteria on the scoring sheet must be met by the student and then by the judges. There are different judges for each of the five levels before the national winner is finally chosen. Medals are awarded at each level. submitted by Marlene Lincoln

## Shiloh School Schedule

Jan. 30: 6:00PM G V BKB @ Villa Grove High School; 6:00PM G JH VLB Unity Jr. High School
Jan. 31: TBA B V BKB @ LOVC Conference Tourney at Arthur H.S.
February schedule unavail able at press time
Shiloh School Menu Breakfast
unavailable at press time

## Lunch

unavailable at press time

## COMMUNITY CALENDAR

 Attend the Church of Your Choice Feb 2: Murdock United Methodist Church Sunday School at 9:30 a.m., Worship at 10:30 a.m.Newman United Methodist Church Adult Sunday School at 8 a.m. Worship Service and Children's Sunday School at 9:15 a.m.
First Christian Church, Sunday School at 9:00 a.m. Worship Service at 10:00 a.m. Bible Study on Sunday at 6:00 p.m. AWANA Kids' Clubs: Wednesdays 5:30-7:30p.m.
Newman First Church of God, Sunday School at 9:30 a.m., Worship Service 10:30 a.m., Wednesday Bible Study each week at 6:00 pm Wesley Chapel, Sunday Services at 9:00 a.m.
Immanuel Lutheran Church,
9:00 am Worship Service
Hume United Methodist Church Worship service 10:30 am.

Council of Churches from p. 1

Think about it: You've worn that same shirt three days in a row. We've eaten the same thing for dinner all week! We do the same thing day in and day out. Obviously we long for some change, at least small changes so small we scarcely notice them.

While on the one hand we long for rootedness and being anchored, steadfast, sure, predictable, we also need things that change in time, and understand our lives at every point. Hebrews says that Jesus is both of these. He is forever trustworthy, and he meets us in our daily moments of laughter and joy, of grief and fear. There is nowhere we can go that Jesus cannot meet us. He is both the same and changing for the time.
One writer suggests that this is possible only because of the middle, the word "Today," the intersection of yesterday and tomorrow. Today is exactly where an Eternal God meets our reality time, because today is where Jesus is. Look at his cross again. The cross is the place where the changeless God meets our timebound lives. His love on that cross

Shiloh Elementary Honor Roll $2^{\text {na }}$ Quarter

Fourth Grade
All A's
Jack Armstrong Miguel Blancas Josie Carroll Madelyn Cary Megan Houlihan Holden Kile Colby Luth High Honors Mallory Grice Baylee Rhode Caroline Smith Hailey Valdes Honors Will Benner Emery Keys Greg Reese Ethan Rose Emma Slepicka Asheley Wheeler
doesn't change - ever. The God who was faithful in the past is the same God who is faithful today and tomorrow and next week. The God who created us is the same God who provides for us. We know Him. We have read His book. We can rely on Him and trust Him. And yet, this same God sent His Son to go before us so that each new experience is already prepared for us. He understands the changes in our lives and is not held back in the past. God wrote the story and knows exactly what we need in all changes.
Yesterday is full of words and promises and actions that lead us to today. Today is where yesterday meets forever. And forever is a door that Jesus opens into the heart of God. If you want to walk through this door, then stay close to Jesus - forever.

Blessings,
Joy Starwalt


## OLD <br> MAN WINTER VISITS ILLINOIS!



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Sixth Grade
AllA's
Isabella Carroll
Lillie Cox
Honors
Rileigh Hawk
Michelle Michaels
Gwen Morris
Mitch Pollock
Samantha Skinner
Katie Williams

## Shiloh Junior High Honor Roll 2nd Quarter

$7^{\text {th }}$ Grade
High Honors
Brianna Bange
Harley Barry
Kaitlyn Cary
Kiersten Price-Wilson
Logan Richardson
Meredith Smith
Abbie Velazquez
Honors
Emma Gordon
Mason Hutchinson Grace Kile
Rachel Milburn
Holly Scales

## Shiloh $8^{\text {th }}$

High Honors
Andrea Benner
Joseph Keske Cody Richardson Matt Stetler Honors
Cameron Galloway Jacob Neill Matthew Rideout Aidan Thompson Kayla Thurston Hali Wenglarz Krista Wenglarz

Shopping Carts Designed to Keep Groceries Safe, Not

Kids Springfield, IL - A new study finds that almost every 20 minutes, a child is treated for a shopping cart-related injury. Researchers say changes in parent behavior, as well as better safety standards, are needed to protect children from these mishaps. Researchers found from 1990 to 2011, more than 530,000 children were treated in emergency rooms across the nation for injuries associated with shopping carts including falls, entrapment and carts that tipped over on them. Dr. Gary Smith, director, Center for Injury Research and Policy, Nationwide Children's Hospital, Columbus, Ohio says parents’ and children's behavior play a factor, but there also are flaws in shopping cart design.
"The current shopping cart standard simply is not adequate. It does not have a component that addresses the stability of the cart to help prevent the tip-overs, despite the fact that other countries have such tip-over prevention standards.

The study recommends some design changes, such as improving performance
TRIVIA NIGHT E CASH DRAWING AND FREE DINNER!

## Saturday, February 8th

 Newman American Legion

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## Health Points Douglas County Health Department By Susan Hays RN

## Breast Cancer, Heart Disease and Sidewalks

Breast cancer or heart disease, which concerns you more? If you are a woman, the majority say breast cancer. It is a scary disease that can be disfiguring and sometimes fatal. The treatment for breast cancer, although much improved over the years, can still be demanding and difficult. And while breast cancer is very important, it is not the leading cause of death in women. Heart disease is the number one killer About a half a million American women die each year from heart disease. If you add the next seven leading causes of death for women together, heart disease would still come in number one. Now that you know you should worry more about heart disease I'm going to share with you one of my pet peevessnow removal and sidewalks. Don't worry I'll get back to heart disease. I'm probably one of the few people who find snow and winter weather oddly comforting. The crisp air, the beauty of new snow and the warmth of a home with a fire in the fireplace can be lovely. Now don't get me wrong and think I really enjoyed the recent negative temperatures. But 20 degrees is doable with all the nice warm clothing options available these days.
Here's where things go bad. We have snowfall and many people do not clear their sidewalks. When that happens it is difficult for the postal service to deliver mail. It is hard for employees of UPS or FedEx to deliver packages. It's even tough for children that walk to or from school or to or from a friend's or relative's house. Let's face it, snow packed sidewalks are not a good place for people who want to get out and enjoy the picturesque winter weather. I will admit that I fall in the latter group. Now back to heart disease. It is our biggest threat as women. Women you are more likely to die from a heart attack than a man and you are also more likely
to have a second heart attack in six years following the first. So how can we minimize this threat? There are five steps to take that can reduce your risk of heart disease.

- Don't smoke
- Eat a healthy diet that is low in fat
- Maintain a healthy weight
- Get regular screenings to check your blood pressure, cholesterol and blood sugar, because high blood pressure, high cholesterol and diabetes put you at greater risk for heart disease.
- Exercise 30 minutes every day Here's where the connection between my pet peeve and preventing heart disease happens. Exercise! Scooping snow is good exercise. It does not have to be done in one sitting. Just doing a little at a time will help you burn a few calories and get your heart rate up.
I know what you are thinking. Will I give myself a heart attack, who cares if my sidewalks are snow covered and my aching back! Well those of us who navigate the sidewalks do care. Bend your knees and lift that shovel correctly and take as many breaks as you need to not overtax yourself. Wear layers of clothing and warm footwear with good soles. If it is icy or slippery get those "yak trak" ice traction devices to put on your boots or shoes.
Obviously, there are some people that should not be out shoveling snow. But many of us, who are capable of scooping, find the comforts of home much more appealing than the option of winter snow removal. Remember there is beauty in winter and there is also something beautiful about lending a helping hand to those that navigate the walks. It might make your muscles ache, but it will also make your heart smile.


## Have Article Ideas?

Send us an email and let us know about them. news1@tni-news.com

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Sharon Prosser is turning 75-years-young this February
So, we are going to party like it's 1957

Please help Sharon celebrate this special milestone by attending her surprise birthday reception on Sunday Feb. $9^{\text {th }}$ at the Hindsboro Civic Center located at 401 Missouri St. in Hindsboro, IL. The reception will be from 2:00-4:00; drop in or visit all afternoon.
For those unable to attend, a card shower is planned as well. Send cards to: Sharon Prosser PO Box 22 Oakland, IL 61943. If possible, please mail your wishes by February $6^{\text {th }}$ as Glenna will be collecting the cards to give to her on the 9th.
Sharon is the mother of Kelly (Tim) Sykes of Wichita, KS, Bobbie Hatfield of Hugo, IL, and Glenna (Bart) Taylor of Oakland, IL. She resides at Cottage Glenn in Oakland, the home named for her departed husband and lifelong love, Glenn.

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## Sports BRGSTRGBETRT GONTMOS

by Tim Hendershot

1
win back-to-back titles for the first time in recent memory.
The week was to have started off on Tuesday on the road in Arcola in an LOVC contest against the Arcola Purple Riders. Once again, Old Man Winter came rushing in with blowing snow and cold temperatures forcing the cancellation of classes and the contest itself. No make-up date had been announced as of press time.
As for Saturday's home game against the Illineks, which was rescheduled for a second time as it was moved from last Thursday's date due to cold temperatures, the Raiders started off strong with the strength of six three point shots by Eli Furgeson and timely passing by the Raiders that hasn't been seen in recent games to blast off to a 31-6 first quarter lead and the Blue and Gold went on cruise control from there as the Illineks never challenged from there on out. Those 18 points from Eli Furgeson were the only points of the game that he scored as his brother Cyrus Furgeson also joined in on the fun draining four three point shots and scoring a game-high 22 points and had 5 assists. Cyrus Furgeson came into
he game as the leading assist player in the area. John Haynes got a start in this contest and made the most of it going a perfect 6 of 6 ending with 12 points and Kaleb Hood finished with 10 points. Andrew Donithan, the area's leading scorer, had 9 points while DJ Castillo, one of the top area leaders in steals, scored six points and had 7 steals. Taharka Baraka led the Illineks with 14 points while Christopher Bauer chipped in 10 and Varuan Chopra added 9 in the loss.
The Raiders (14-5 overall, 1-1 LOVC) will have started play in the 2014 Little Okaw Valley Conference Tournament as the defending champions and the number three seed and faced off against the TriCounty Titans in Arthur on Tuesday night. If the Raiders have advanced, they will play this evening in the semifinals at 7:15 pm against the winner of the ArthurLovington Knights/Okaw Valley Timberwolves quarterfinal. The classification round will be this Saturday afternoon at Arthur-Lovington High School in Arthur with the fifth place game starting at 4:00, the third place game scheduled for 5:30, and the championship game set for 7:00. Basketball Central will have the rundown of the Raiders quest for a repeat for you next week.

## GO SHILOH RAIDERS!

## Schedule for LOVC boys' tournament in Arthur

Game played on Sat. Jan.25th
LOVC 1st round - Atwood-
Hammond 41, Martinsville 33
(Martinsville eliminated)
Tuesday Night Action -

## Feb.4th West Gym

Atwood-Hammond (8) vs. Cerro
Gordo/Bement (1), 6:00 pm
Villa Grove/Heritage (5) vs. Arcola (4), $7: 15 \mathrm{pm}$

East Gym -
Okaw Valley (7) vs. Arthur-
Lovington (2), 6:00 pm
Tri-County 6) vs. Shiloh (3), 7:15 pm
Thursday Night Action -
Feb. 6th East Gym -
Consolation Semi \#1, 6:00 pm Consolation Semi \#2, $\quad 7: 15 \mathrm{pm}$
(Shiloh would play here if lose) West Gym -
Semi-final \#1, 6:00 pm
Semi-final \#2, 7:15 pm (Shiloh would play here if win)
Saturday Night Action -
Feb. $8^{\text {th }}$ West Gym
Fifth place game (Consolation Championship), $\quad$ : $: 00 \mathrm{pm}$ Third place game, $\quad$ 5:30 pm Championship game, 7:00 pm

## Junior High Action vs. Villa Grove



8th Grade action shows Jacob Neill, Jackson Berry and Seth Eads moving in toward the basket for the possible rebound. photo by Dana Hales


During the 7th Grade game Mason Hutchinson and cousin Chris Hutchinson move toward the basket along with Tyler Holmes as they react to a shot from a Villa Grove player. Both the 7th Grade and the 8th Grade enjoyed a victory over the neighboring school. photo by

## Shiloh 8th Grade Parents Night photos by Dana Hales

Thursday, Jan. 23rd was the Parent's night for the Junior High Boys Basketball team. The 8th grade players were introduced with their parents before the beginning of the 8th grade game. Each player received a gift from the basketball program and the recognition before the Shiloh audience. Congratulations to the players and their parents.
 Rusty and Aly Berry


Joey Keske, son of Rusty and Kris Keske


Jacob Neill with his parents Andrew and Lahn Heven


Erin Beaulieu with his parents Erin and Lori Beaulieu


Seth Eads with his parents Troy and Christina Eads


Cody Richardson with his father Dave Richardson


Dylan Campbellwith his stepfather Mark Denk and son of Sarah Denk.


Matthew Holmes with his parents Jeremy and Crystal Holmes


Dillon Tweedy with his mother Sheila Dillon and son of Rick Tweedy

Both the 7th Grade and the 8th Grade teams each came out a winner in their respective games of the evening.
$\mathbb{T h e}$ Zecipe Cormer
Salisbury Steak
$11 / 2 \mathrm{lbs}$ ground chuck
1 med. grated onion
1 cup cracker crumbs
I 1 cup oatmeal

- 1 cup tomato juice
| $1 / 4 \mathrm{tsp}$ salt
$1 / 2$ tsp pepper
2 eggs
1 tsp chili powder
Mix all these ingredients well and form into patties. Brown patties.

Gravy: (I double the gravy)
I 1 can beef broth
1 tbsp cornstarch
$1 / 2$ tsp Kitchen Bouquet
1 can cream of mushroom soup
Put browned patties in a long, shallow dish. Pour gravy mix over patties. Bake at 350 degrees for 1 hour.
Submitted by Cathy Hales
Think Summer, this cold winter weather has to get over sometime!


Kids' Clubs
Weanestays this school year: $5: 30 \cdot \mathrm{~F}: 30 \mathrm{PM}$ Club meets at the Newman First Christian Church Ages $3-12^{\text {ti }}$ Grade are welcome to attend! Supper provided for all children! Visitors welcome SUPER BOWL PARTY:
:COUNTRY JUNCTION

CORN
SOYBEANS Grass
Wheat
Cover Crops

SANSTROM SEEDS - Supplying your Success-

Pat Sanstrom
1307 N CR 2580 E | Newman, IL 61942
(217) 417-0646 patsanstrom@gmail.com

1512 Sq Ft does not include enclosed
1512 Sq Ft does not include enclosed
porch and TV room. Lots of room for the money. Furnace and air 5 yrs old. Huge Yard. WOW CHECK OUT THE SPACE!

\$39,500
See one of our Realtors: Roger Miller - Managing Broker Carol Miller - Broker

토 ${ }_{\overline{-1} \overline{m i s}_{3}}$
405 E Lytle St, Newman

## LEGAL NOTICE

IN THE CIRCUIT COURT FOR THE SIXTH JUDICIAL CIRCUIT TUSCOLA, DOUGLAS COUNTY, ILLINOIS PMORGAN CHASE BANK, NATIONAL ASSOCIATION,
Plaintiff,
CLAUDIA PARRA,
Defendant.
13-CH-51
PROPERTY ADDRESS:230 TAFT DR.
ARCOLA, IL 61910
NOTICE BY PUBLICATION
NOTICE IS GIVEN YOU, Claudia Parra, Defendant, this case has been commenced in this Court against you and others, asking for foreclosure of the Mortgage held by the Plaintiff on the property located at 230 Taft Dr., Arcola, IL 61910, more particularly described as: Lot 9 in Block 2 of Section 2 of Arco Acres Subdivision of part of Lot 19 and Lot 6, EXCEPT the North $3 \quad 1 / 3$ acres of said Lot 6 of Assessor's Subdivision of the Northeast Quarter of Section 4, Township 14 North, Range 8 East of the Third Principal Meridian, according to the Plat Book 1, Page 316 and Surveyor's Certificate of Error, recorded in Plat Book 1, Page 319, in the Recorder's Office of Douglas County, Illinois, in the City of Arcola, Douglas County, Illinois.
Permanent Index Number: 01-14-04-206-009 Commonly known as: 230 Taft Dr., Arcola, IL 61910
UNLESS YOU FILE your answer or otherwise file your appearance in this cause in the Office of the Clerk of this Court at the DOUGLAS County Courthouse, 401 South Center, Tuscola, IL 61953 on or before February 24, 2014, A JUDGMENT OR DECREE BY DEFAULT MAY BE TAKEN AGAINST YOU FOR RELIEF ASKED IN THE COMPLAINT FOR FORECLOSURE.

CLERK OF THE COURT
THIS COMMUNICATION IS AN ATTEMPT TO COLLECT A DEBT, AND ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE.

HEAVNER, SCOTT, BEYERS \& MIHLAR,
Attorneys at Law
P. O. Box 740

Decatur, IL 62525
111 East Main Street
Decatur, IL 62523
Telephone: (217) 4221719
1585946
published 1/30/14

I never considered a difference
of opinion in politics, in religion,
in philosophy, as cause for
withdrawing from a friend.
-Thomas Jefferson
Smith \& Son Machine Shop


Ocean To Ocean Antiques, etc.
Antiques, collectibles,
military, vintage items


Fri. $\mathcal{N}$ oon -4 p.m. Sat. 10 a.m. -4 p.m. Sun. Noon-4 p.m.

Or call 369-9835
112 W. Yates Newman, IL
Sherry $\mathbb{I C}$
Sherry Smith-Stanford \& Carl Stanford

LEGAL NOTICE
LEGAL NOTICE
IN THE CIRCUIT COURT FOR THE 6TH JUDICIAL COURT DOUGLAS COUNTY TUSCOLA, ILLINOIS
CITIMORTGAGE, INC
PLAINTIFF
VS
KEELA J SHULL; UNKNOWN OWNERS AND NON RECORD CLAIMANTS DEFENDANTS

12 CH 80
452 EAST MAIN STREET
ARCOLA, IL 61910
NOTICE OF SALE PURSUANT TO JUDGMENT OF FORECLOSURE UNDER ILLINOIS MORTGAGE FORECLOSURE ACT ***THIS DOCUMENT IS AN ATTEMPT TO COLLECT ON A DEBT. ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE*** PUBLIC NOTICE IS HEREBY GIVEN that pursuant to a Judgment of Foreclosure and Sale entered by said Court in the above entitled cause on September 6, 2013, DOUGLAS COUNTY SHERIFF in DOUGLAS County, Illinois, will on February 27, 2014, in FIRST FLOOR ROTUNDA OF THE DOUGLAS COUNTY COURTHOUSE, TUSCOLA, IL, at 1:00PM, sell at public auction and sale to the highest bidder for cash, all and singular, the following described real estate mentioned in said Judgment, situated in the County of DOUGLAS, State of Illinois, or so much thereof as shall be sufficient to satisfy said Judgment:
THE EAST 35 FEET OF LOT 9, BLOCK 10 OF SHELDON AND JAQUES ADDITION TO THE CITY OF ARCOLA, AND THE WEST 25 FEET OF LOT 8 IN BLOCK 10 OF SHELDON AND JAQUES ADDITION TO THE CITY OF ARCOLA, DOUGLAS COUNTY, ILLINOIS.
TAX NO. 01-14-03-306-00300 COMMONLY KNOWN AS: 452 EAST MAIN STREET ARCOLA, IL 61910 Description of Improvements: TWO STORY SINGLE FAMILY HOME WITH NO GARAGE. The Judgment amount was $\$ 43,355.31$. Sale Terms: This is an "AS IS" sale for "CASH". The successful bidder must deposit $25 \%$ down by certified funds; balance, by certified funds, within 24 hours. NO REFUNDS. The subject property is subject to general real estate taxes, special assessments or special taxes levied against said real estate, water bills, etc., and is offered for sale without any representation as to quality or quantity of title and without recourse to plaintiff. The sale is further subject to confirmation by the court. Upon payment in full of the bid amount, the purchaser shall receive a Certificate of Sale, which will entitle the purchaser to a Deed to the real estate after confirmation of the sale. The property will NOT be open for inspection. Prospective bidders are admonished to check the court file to verify all information. The successful purchaser has the sole responsibility/expense of evicting any tenants or other individuals presently in possession of the subject premises If this property is a condominium unit, the purchaser of the unit at the foreclosure sale, other than a mortgagee shall pay the assessments and the legal fees required by The Condominium Property Act, 765 ILCS 605/ $9(\mathrm{~g})(1)$ and $(\mathrm{g})(4)$. IF YOU ARE THE MORTGAGOR (HOMEOWNER), YOU HAVE THE RIGHT TO REMAIN IN POSSESSION FOR 30 DYAS AFTER ENTRY OF AN ORDER OF POSSESSION, IN ACCORDANCE WITH SECTION 15-1701(C) OF THE ILLINOIS mortgage foreclosure law. For Information: Visit our website at http:\lservice.atty-pierce.com. Between 3 p.m. and 5 p.m. only - Pierce \& Associates, Plaintiff's Attorneys, 1 North Dearborn, Chicago, Illinois 60602. Tel. No. (312) 372-2060. Please refer to file \#PA1213954 Plaintiff's attorney is not required to provide additional information other than that set forth in this notice of sale. 1584018
published 1/30/14

## Aphorisms For Our Time

It may be that your sole purpose in life is simply to serve as warning to others.

Ray's Law: You can't fall off the

Restoration General

## Store

downtown Newman
at 128 South Broadway 12:00 am to 6:00 pm Tues.-Sat.

Dry goods, canned goods, dairy, frozen foods, bread, cleaning supplies, over the counter medicines

Mary Conn, owner

## Place Your Classified Ad Here starting at only $\$ 5.00$ per week

## AUTO DETAILING

Start To Finish Auto Detailing. Cars \& trucks - Wash - Wax - Clean interior, trunk or (bed), \& engine compartment free pick-up 10 miles from Hume - only extra charge excessive road tar - Call 2515744 for Neil for price and availability. 1/30-4

## RESIDENCE FOR RENT

 Apartment Available - 55 yrs and older. 3 meals, laundry, housekeeping, cleaning, medication reminders, in house hair salon, toenail clinic, transportation available and 24/7 staff on site. Move in with us during the winter months and be safe and warm! The Oaks Manor, Inc. 111 S. Walnut, Oakland, IL call: 217-346-2042
## ACCEPTING ESTATE SALES

Estate sales. Large, small, or partial. Years of experience with antiques, collectibles and sales. Accepting sales starting March. For information call: 217-714-6831.

1/30-1

## PARIS FLEA MARKET

Located at the North Edge of Paris, Illinois on HWY 1 next to Pools Hardware. Buyers Welcome! Inside and outside spots available open every other weekend all year long.

Fridays from NOON to 7pm Saturdays from 9 am to 6 pm Sundays from 10 am to 4 pm Next Market: Jan. 31, Feb. 1, 2 Contact Boyd Edwards for vendor information 217-712-0958 or boyd@joink.com

## Farm Progress Show Plan to Attend <br> PCH/FMC Offers Life Saver Courses Feb. 8

The 2014 Farm Progress Show takes place in Boone, Iowa, August 26, 27 and 28. The exhibit field is open to visitors 8 a.m. to $5 \mathrm{p} . \mathrm{m}$. Tuesday and Wednesday; 8 a.m. to 4 p.m. Thursday. The public is welcome. For more detailed information, visit www.FarmProgressShow.com.

## College Completion 101: Free Information Session for Busy Adults

Find out how to return to college and finish your degree CHAMPAIGN, Ill. - Are you a busy adult resident who started college but didn't finish a degree? You can receive free information to help you complete this important
goal.
The information session, "College Completion 101," will take place Tuesday, Feb. 11, 6-7:30 p.m., in room D107 at the Parkland campus. Participants can find out how they can come back to college, earn a degree, and move forward.

The free event is sponsored by the Parkland College Adult Re-entry Center. For more information, contact Leandra Vogelzang at 217/351-2462 or email finishyourdegree@parkland.edu.

## Certification Class for Foodservice Managers

A foodservice sanitation manager's course will be offered Thursday, February 27, and Friday, February 28, 2014, from 8 a.m. to 5 p.m., at ILEAS Training Center, (former Champaign Co Nursing Home), 1701 E Main St, Urbana, IL. The exam will be Monday, March 3, from 9-11 a.m. ILEAS. Persons needing recertification for their IL Dept. of Public Health certificate may attend the second day, Friday, February 28, 2014, from 8 a.m. to 1 p.m.
Contact Sue Summerville, 217-684-2435, to register or for further information. Cost: $\$ 140$ for ServSafe certification class; $\$ 65$ for recertification class. Both classes also available online. We are also offering the new online Food Handler Training course.

Paris Community Hospital/Family Medical Center will offer a CPR/AED course on Saturday, February 8, from 8:30 am to noon, in Conference Room A at the hospital.

This course is open to anyone in the community who wants to learn basic CPR and the use of an automated external defibrillator (AED), which is used in cases of life threatening cardiac events.
A basic first aid course will immediately follow the CPR/AED course from 12:30 pm to $4: 30 \mathrm{pm}$. The first aid course is for anyone who is required to have first aid as part of their certification, employment, or to meet OHSA requirements.
Registrants who attend the CPR/AED course are welcome to stay for the first aid course if they choose.

All three of these non-healthcare provider courses follow guidelines established by the American Heart Association. Upon successful completion of the courses, participants will earn certification through the American Heart Association.

The cost for the course is $\$ 20$, which covers all three sessions. Registration is required by February 6 at noon. Call Rachel Massey, RN, BSN, MS, at 217-4652606, Ext. 320.

Look for the Newman Independent on Facebook!!
 The Value Of Money

Children are not born with
money sense. They learn by example. What you say and do as a parent is what your children will learn.

It's best to start teaching them about money at an early age. Explain how money is earned and why it's important to save. We encourage you to bring your child into the bank and we'll help them open their first savings account.

## News \& Advertising Policy

Items are considered news unless a profit motive is involved. This includes both for-profit and non-profit organizations. The rule of thumb is, "If you charge, then we charge." Garage sales, raffles, and other money making or fund raising ventures are considered money-making propositions and must be run as advertising. Thank yous must also be run as advertising.

Wedding photos and write-ups are examples of news and will run free of charge. Anyone wishing to have a photo returned must include a stamped self-addressed envelope.

Deadlines for news and advertising are noon Monday.

## Illinois Sheriff's Assn. Announces Scholarships

The Illinois Sheriff's Association announces that it will be awarding over $\$ 53,000$ in college scholarships throughout the State of Illinois to students wishing to pursue higher education during the 2014-2015 academic year. The scholarships are to be applied to tuition, books and fees only. The students must be enrolled full-time at a certified institution of higher learning within the State of Illinois.
Douglas County Sheriff Charlie McGrew will be awarding one scholarship in the amount of $\$ 500$. There will be no restriction on any applicant by reason of race, age, creed, color, sex or national origin. The only limitations are as follows:

- Applicants must be permanent Illinois residents
- Scholarships must be utilized at institutions of higher learning within the State of Illinois
- Students must be enrolled as a fulltime student during the 2013-2014 school year (excluding summer session).
Applications are now available at your local sheriff's office or on the Internet @ www.ilsheriff.org.
Students must complete the application; answer the essay question and return all documentation to the sheriff's office in their permanent county of residence by March 15, 2014 (must be postmarked by this date).
For more information, please contact your local sheriff's office (217-253-3511), Illinois Sheriff's Association, Shiloh High School Counselor, or the college financial aid office.


## ATTENTION SUBSCRIBERS!!

Please check your labels. This is your notice of yearly renewal. If your label reads $\mathbf{1 / 2 0 1 4}$ it is now DUE. If you pay someone else's subscription please give us a call to see what month it renews.
Champaign, Douglas,
Coles, \& Edgar Co. $\mathbf{\$ 2 0 . 0 0}$, All Other Illinois Residents $\mathbf{\$ 2 5 . 0 0}$, Out Of State Residence \$30.00, Local (Champaign, Douglas, Coles, Edgar) Area Seniors \$18.00;
Please Send Payment To:
The Newman Independent, P.O. Box 417,

Newman, IL 61942 217-837-2414
THANK YOU!!!


From Foundation to Chimney Cap


217-837-2435
Hours Weekdays 7a.m. - 5p.m. Saturdays
7a.m. - Noon

