

THE Newman INDEPENDENT

Volume 139, Issue 8

February 21, 2013

50 cents

Douglas County DAR/SAR Winners Recognized



Pictured are Shiloh High School's representatives: DAR – Shelby Smith, daughter of Shane and Angela Smith of Hume and SAR – Nathan Holm, son of Rich and Lynn Holm of Newman. Photo and article by John Broux

The Sacred Heart Catholic Church, Villa Grove, hosted the 66th annual Stephen A. Douglas Chapter, DAR/SAR (National Society of the Daughters of the American Revolution/Sons of the American Revolution) Good Citizens' Luncheon on Saturday, February 9, 2013. There were approximately 65 in attendance including the awardees, parents, DAR members and guests. The Front Street Market in Hume provided the meals.

American History Chairman Marlene Lincoln gave a brief explanation about the DAR American History Essay program. Awards of \$25 were presented to sixth grader, Emma Harris from Atwood-Hammond and to sixth grader, Zane Crist from Atwood-Hammond. Cassidy Westjohn, eight-grade winner from Tuscola, was unable to attend. It was announced that Emma's essay was selected at the district level to be forwarded to the state level for further judging.

Martha Burris, Good Citizens Chairman of the Stephen A. Douglas DAR Chapter, presented the DAR awards to the six school recipients: Alex Johns – Arcola, Ashley Tabb – Arthur, Kaci Spry – Atwood-Hammond, Shelby Smith – Shiloh, Erin Weaver – Tuscola, and Sara Tondini – Villa Grove. She also gave a brief

description of the nomination and selection process.

Each of the DAR Good Citizens is given an opportunity to write an essay that makes the student eligible for a large monetary sum at the nation DAR level. This year Shelby Smith of Shiloh was the chapter's essay winner. She was awarded a monetary gift from the Stephen A. Douglas Chapter and will receive an American flag flown over the U.S. Capitol on Honors Day this spring. Her essay has been forwarded to our district level for further judging.

Jan Meyer, Good Citizen Chairman of the Piankeshaw Chapter SAR, presented the SAR awards to the six school students: Daneli Rabanalez Hernandez – Arcola, Austin Dean – Atwood-Hammond, Nathan Holm – Shiloh, Eric Crist – Tuscola, and Austin Carmack – Villa Grove. Anthony Hettinger from Arthur was unable to attend due to a college visit.

Program speakers were Villa Grove natives and brothers Tom Jones from Paxton and John Jones from Villa Grove. They shared their wisdom for life's successes.

As the audience stood in respect, Boy Scout Troop #50 from Villa Grove/Camargo ended the program by presenting facts about the American flag while folding the flag.

City Council Meeting Continuation From Last Week

by: *Matthew Hales*

The meeting was called to order and roll call was taken. The floor was then given to the lone visitor, Jim Biddle.

Mr. Biddle asked about the city's fireworks commitment. He mentioned that, even with the fireworks benefit that will be held on the 9th of next month, it was projected that there would still be a need for more funds. He also expressed some concern about the future of the annual event, saying, "If we stop it, we'll never get it started again." The council stated that the budget would be the deciding factor in determining how much assistance the city would be able to provide to this end, but they all agreed that the continuation of the annual fireworks show was desirable.

After thanking Jim for his efforts, discussion quickly moved on to other topics.

The Guha building was talked about for a short time. The need of repairs to the structure were widely agreed upon and it was stated that it is not the council's desire to "kick anyone out" but that, without needed structural concerns met, the building would eventually have to be brought down. It was decided that a conversation with the property owner was in order.

The council welcomed Dan Milburn and swore him in as an alderman.

Some old business was discussed regarding truck traffic in town. Some efforts to remedy the situation had been made with new signage seeming to be the direction in which the council had decided to move. The locations of said signage met

with some debate as the physical positioning of any new signs on the highway would be important.

The council worked through the regular business quickly, approving the minutes of the last meeting, the bills, and the treasurer's report.

The water tower contract was discussed at length. More bids have come in, some from smaller companies, and the council tabled the matter for the time being.

The sale former D & S gas station property was gone over. It does have a good location and, despite the needed roof repairs, it is still structurally sound.

The ordinance book was gone over as amendments were reviewed. Some of the proposals included the ordinances on trash containers, liquor licenses, neighborhood vehicles (golf carts), and solicitation. The motion to pass as amended was made but died on the floor as talks revealed that more review (and further amendments) were necessary.

There was some brief talk about a change in the city's trash provider. While the difference in prices was negligible, it was the quality of service that was the greatest concern.

There was a lengthy debate about the zoning code as it relates to the building of structures on vacant lots. Current ordinance dictates that structures may not be built upon lots that do not feature a house. The wisdom of these rules was brought into question with consideration of the current state of the city's population growth.

The motion to adjourn the meeting was made, seconded and passed rapidly.

Free First Aid/CPR Certification Courses in Newman

The Center for Rural Health and Farm Safety at Carle is pleased to offer these free courses in Newman on **March 11** at the **Newman Fire Department, 202 W Yates St.**

9:30 a.m. – 12 p.m. American Heart Association HeartSaver First Aid certification

12:30 – 4 p.m. American Heart Association HeartSaver CPR certification with AED

Participants may attend one or both of the classes.

According to the American Heart Association, 80 percent of cardiac arrests occur at home and are witnessed by a family member. Cardiovascular diseases are the number one cause of death in the United States. Unintentional injuries are the fifth leading cause of death, just behind chronic diseases. CPR and First Aid

training may save your life, or the life of someone you love.

Topics for CPR will include infant, child and adult choking and CPR as well as Automatic External Defibrillator (AED) use. The First Aid course will cover how to recognize and treat injuries, use appropriate equipment and supplies, and respond to various emergencies.

Courses will include hands-on instruction and a workbook. For each class successfully completed, participants will receive a certification card.

Space is limited, and registration is required at least 10 days prior to class. Participants must be 14 years of age or older. For more information or to register, please go to carle.org/cpr, or call the Center for Rural Health and Farm Safety at Carle at (217) 383-4601.

To learn about other classes offered by the Center for Rural Health and Farm Safety, please visit carle.org/farmsafety.

Peace Meals Menus

Feb. 21: Ham, kidney bean salad, pineapple, bun, pumkin cake
Feb. 22: 2 MEALS DELIVERED ON THURSDAY. NO MEALS SERVED ON FRIDAY.
Feb. 26: Chicken and Noodles, copper carrots, pea salad, pineapple tidbits, whole wheat bread
Feb. 27: Meatloaf, mashed potatoes w/ gravy, Capri blend veggies, fruit gelatin, wheat bread
Feb. 28: Hamburger, slaw, bean medley, blushing pears, bun
Mar. 1: 2 MEALS DELIVERED ON THURSDAY. NO MEALS SERVED ON FRIDAY.

In Newman:
Served Mon, Tues, Wed
Call Betty Hopkins at 837-2037

In Hume:
To Make Reservations,
please call Jeri at 887-2442

In Brocton:
To Make Reservations, pleas call
Christie Cox at 276-3126
24 hours in advance
Served Mon-Fri

Just a reminder
Our deadline is
Monday at noon
for that week's
paper.

THE Newman
INDEPENDENT
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207 W. Yates St.
Newman, IL 61942
Phone: 217-837-2414
Fax: 217-837-2071
news1@tni-news.com

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Cathy & Dana Hales

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OBITUARIES

Wilma Craig

NEWMAN – Wilma Mae Craig, 87, of Newman passed away on Monday, February 11, 2013 at The Champaign County Nursing Home, Urbana, Illinois.

Funeral services were held at 10:30am on Friday at the Joines-Appleby Funeral Home in Newman, IL. Pastor Kathy Murphy officiated. Burial was held at the Newman Cemetery in Newman. A visitation was held on Thursday evening at the funeral home from 4-7pm.

Wilma was born February 1, 1926 in Douglas County, the daughter of Opal & Charles Wilcoxon. She married Rex Craig on February 13,



1946 at the Newman Christian Church. Two sons, Charles E. Craig and Gary L. Craig were born to their marriage. Rex preceded her in death on November 18, 1989 and her son, Ed passed away January 12, 2009.

Surviving Wilma is her son and daughter-in-law, Gary & Myrna Craig of St. Joseph, IL, a daughter-in-law, Marcia Craig of Clay City, IL, five grandchildren, Tami Craig-Schilling (Rodney) of Okawville, IL, Cori (Amanda) Craig of Virginia, IL, Amy (Aaron) Dufelmeier of Jacksonville, IL, Ryan (Meghan) Craig and Hilary (Roger) Whitt of St. Joseph, IL ; 10 great-grandchildren, Taylor Walton, Lane Schilling, Maddie, Malorie, Sammie & Cayden Craig, Austin & Alex Dufelmeier, Brady & Dylan Craig and one step great-granddaughter, Breck (Justin) Kramper. She also leaves two sisters, Virginia Gallion of Hume, Marilyn (Ronnie) Mohr of Savoy, two brothers, Hugh (Katie) Wilcoxon of Farmington, Mack (Elaine) Wilcoxon of Newman, two sister-in-laws, Hazel Demeris and Inez Goddard of Champaign, and many special nieces and nephews.

Wilma worked most of her adult life as a nurse. She worked at Provena Covenant Medical Center and The Newman Nursing Home. She loved her family and spending time with them at family dinners, birthdays and holidays. She loved going to fairs to watch three generations show their livestock. She enjoyed tail-gating and watching U. of I. sports and her favorite baseball team, the St. Louis Cardinals, on TV.

Wilma was preceded in death by her parents, husband, Rex, one son, Charles E. Craig, two brothers and four sisters.

In lieu of flowers, memorials may be made to Newman’s First Responders or Newman Christian Church.

The Craig Family would like to thank the many nurses, CNA’s and staff at the Champaign County Nursing Home for their

wonderful care Wilma received in the last two months she was there.

Joines-Appleby Funeral Home of Newman, IL is in charge of arrangements.

Carl Ray

NEWMAN – Carl Ray, 93, of Newman, IL passed away at 2:15 P.M. on Friday, February 15, 2013 at his residence.

A memorial service were held at 1:00 P.M. on Wednesday, February 20, 2013 at the Edwards Funeral Home, 221 East Main in Arcola, IL. Rev. Dave Dundas officiated. Burial with Military Rites were conducted by the Villa Grove VFW in the Murdock Cemetery.

Carl was born on April 28, 1919 in Hindsboro, IL. He was a son of John Clinton and Arlie Opal (Cuttingham) Ray. He married Mary Wheatley on February 20, 1940 in Tuscola, IL.

Survivors include his wife Mary Ray of Newman, IL, four children, Betty E. Snow and her husband Ben of Clarksville, TN, Earl “Billy” Ray and his wife Joanne of Murdock, IL, Linda A. Wells and her husband Frank of Newman, IL and James A. Ray of Tolono, IL; thirteen grandchildren, eighteen great-grandchildren and several nieces and nephews.



He was preceded in death by his parents, one infant son, Carl Michael Ray, three brothers, Hobert, Paul, and Lawrence Ray and three sisters, Neoma Jones, Lucille Winn and Dila Simmons.

Carl was an Army Veteran of WWII. He was a member of the Villa Grove VFW and had been a member of the Newman American Legion.

Carl had farmed for many years in Douglas County. He worked at the University of Illinois for 27 years, and as a part-time mechanic for the former Smythe Import Motors.

Memorials may be made to the Villa Grove VFW.

Lillian Roller

HUME - Lillian Patricia (McCown) Roller, age 89 of Hume, IL, died Monday, February 11, 2013 at Pleasant Meadows Christian Village.

Lillian was born October 10, 1923 to Frank and Bertha (McEvoy) McCown. She married John Curtis Roller on January 17, 1944. She was a homemaker and a member of the Hume Christian Church. She enjoyed bird watching, reading and loved keeping her grandchildren.

She is survived by two daughters: Sue (Don) Anglen of Hume, IL and Nancy (Bob) Kapperman of Newburgh, IN; three grandchildren and three great-grandchildren. She was preceded in death

by her husband; a son, Richard Neal Roller; her parents; two brothers and one sister.

A graveside service was held on Wednesday, February 13, 2013 at 11:00 AM at Young America Cemetery. For those who wish, memorials may be made to the Hume Christian Church. Online condolences and service information are available at www.krabelfuneralhome.com.



FROM THE NEWMAN COUNCIL OF CHURCHES

Rev. Joy Starwalt, Pastor.
Newman and Murdock United
Methodist Churches

And the Spirit immediately drove Jesus out into the wilderness. He was in the wilderness forty days, tempted by Satan; and he was with the wild beasts; and the angels waited on him. Mark 1:12, 13

We woke up this morning a little chillier than normal. At first we thought it was just leaving the comforts of our bed and greeting the morning air. Then we realized it was more than that. Our 5 year old furnace quit. Thankfully these are warmer winter days, but still it is nice to have at least some heat pumped in. I knew, in part, what the morning would hold. Besides working on a Sunday message, there would be phone calls to repair people and lining up times for them to come, and then waiting.

They came soon after their day began, and at first, I thought this would be good news. They were quickly here, it would be quickly repaired. Not so. There was a large part to be ordered and it will come in tomorrow sometime.

So in the meantime, we make adjustments. Expecting relatives to be here tonight, I found some extra blankets for their bed. I started the fire place and at least the living room is a bit warmer. I made some brownies. Brownies always help about everything, but at least the oven will

cont. on p. 3, see Council

Shiloh School Schedule

Feb. 21: 6:00PM G JH VLB Chrisman Junior High

Feb. 22: OPEN

Feb. 23: 9:00AM CO HS BKB OPEN DATE

Feb. 24: Open date

Feb. 25: Open date

Feb. 26: Open date

Feb. 27: Open date

Feb. 28: Open date

Mar. 1: FFA State Meats & Poultry at U of I; 9:00AM CO BIB BKB OPEN DATE

Shiloh School Menu Breakfast

Feb. 25: Sausage Biscuit & Gravy or Cereal & Toast

Feb. 26: Cinnamon Rolls or Cereal & Toast

Feb. 27: French Toast Sticks or Cereal & Toast

Feb. 28: Breakfast Pizza or Cereal & Toast

Mar. 1: Sausage Biscuit or Cereal & Toast

Lunch

Feb. 25: Corndog, sweet corn, fresh broccoli, fresh aple wedges

Feb. 26: Grilled cheese sandwich, Tator Tots, Romaine lettuce, orange juice

Feb. 27: Cheeseburger on bun, baked beans, fresh baby carrots, fresh banana

Feb. 28: Popcorn chicken, wheat breadstick, green beans, fresh tomato wedges, fresh orange

Mar. 1: Chicken patty on bun, cheese pizza, Tuna salad

COMMUNITY CALENDAR

Attend the Church of Your Choice
Feb. 24: Murdock United Methodist Church Sunday School at 9:30 a.m., Worship at 10:30 a.m.
Newman United Methodist Church Adult Sunday School at 8 a.m., Worship Service and Children's Sunday School at 9:15 a.m.
First Christian Church, Sunday School at 9:00 a.m. Worship Service at 10:00 a.m. Bible Study on Wednesdays at 6:30 p.m.
Newman First Church of God, Sunday School at 9:30 a.m., Worship Service 10:30 a.m., Wednesday Bible Study each week at 6:00 pm
Feb. 21: G.O.A.L. meeting 7:00PM in Longview Capital Building.
Mar. 9: Newman Freedom Festival Soup Supper, @ American Legion 4 - 7PM

Council from p. 2

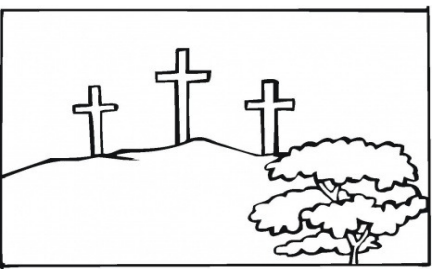
be on for a time to take the chill out of the kitchen. Again, this is not the worst, as the outdoor temperature is not freezing. From previous experience with power outages I know that this starts out as "creative fun," and then it becomes a frustration or a hassle, and then you start plotting when you think things might return to normal For now, this is a bit inconvenient as it is an interruption to our regular routine. The things we simply count on, are not available right now.

This is coming to be a picture of Lent for me. Let is that interruption in our lives that sends us to a wilderness. In this wilderness, nothing seems to fit neatly in life, adjustments have to be made. Yet it is here that we realize how deep God's love is for us, and how we come to lean on that love even without knowing it.

Lent is that opportunity to find what is at the root of our lives. It parallels the time Jesus spent in the desert at the beginning of his ministry, answering God's call. It was a time to push aside and go without the distractions of other work, other people, even food, to listen, to make the adjustments to respond to God's voice.

Usually about the time Lent seems to be getting long, and the wilderness feels unbearable, along comes Holy Week and then Easter, the great joy of finding what it is we have needed and hoped for all along – salvation, victory over death, confidence. We come to church to hear the Good News again: Christ is risen! Absolutely nothing, not even death, can separate us from the love of God. And for a brief moment we stand amazed.

For now, if you are in the wilderness places of life, where nothing feels right, something is unsettled, the routine is broken, be patient. Listen. God is teaching you something here. God has something to show you here. He won't leave you. There will be adjustments to make for sure, but keep coming on through. Don't give up. And we know that some glad morning the shout will be heard. Hope will return. The joy of Easter will shine brightly again. So keep coming. That is the hope from from which we live.



LETTER TO EDITOR

Dear Editor,

I want everyone to know that we are proud of our son, Michael and of Shiloh School. Michael's one-on-one aide surprised us last month. She said one of the senior girls ask if she thought we would trust her to care for Michael at the *Winterfest*. I met Shelby Smith at school and told her we would bring Michael to the school if she was sure that she would be able to work with Michael since he is wheel-chair confined and in Special Education. She told me that she and Cody Bosch would take good care of him. Michael was very proud.

Shelby's mother met us and assured us that Michael would be OK. They even had Michael on the dance floor. Michael usually isn't included in school things. The other students made sure Michael went in on cue. We want to thank Shelby for being so thoughtful and including Michael. It was a night Michael will never forget.

Now Michael talks about the prom. Don't think that can probably happen. He would have to have an escort and couldn't stay all evening.

My husband and I are just so proud of Shelby asking Michael to be part of the *Winterfest*. Michael has gone to Shiloh since age 3. He is now 19 and will graduate in May. He has enjoyed his high school years.

Thanks,
Darleen & Bill Orndorff
Hume



Shelby Smith with her escort, Michael Orndorff during the recent Winterfest coronation and dance event at Shiloh High School. photo provided by Angela Smith

Newman Freedom Festival
Fireworks
Fundraiser



SOUP SUPPER
March 9, 2013
American Legion
Post
4 – 7PM

Good Food, Good Friends at the Christian Church



Pictured is a view of many of the attendees at the Lasagna Valentine supper served at the Christian Church Saturday evening. photos by Dana Hales

The First Christian Church held their Valentine Lasagna meal on Saturday evening as a fundraiser for the church wall fund. The evening was a tremendous success with approximately 100 meals being served on site as well as the many carry outs throughout the evening. Rev. Ben Williamson was amazed at the outpouring of the community support to help out with the need by the congregation to alleviate a construction concern on the south wall of sactuary. Through a good will donation for the meal, a 50/50 drawing and a silent auction of numerous products, a generous amount of money was raised for the reconstruction project. All of the attendees were satisfied with a great supper including various desserts and many stayed just to converse with others while there. The first of several fund-raising events was a great success for the Christian Church. The church thanks all who attended the event.



Palmer and Helen Hales enjoy their supper while conversing with friends at their table.

Junior Beta Inducts New Members



Pictured above are the members of the Shiloh Jr. Beta Organization. Names preceded by (*) are the new inductees. Front row L to R: Faith Morris, *Cody Richardson, *Mattison Stetler, *Austin Hales, Karisa Roberts. Back row: *Kyla Thurston, Annette Haynes, Whitney Milburn, *Gretchen Milburn, Shayne Smith, *Andrea Benner, and *Hali Wenglarz. photo by Dana Hales

Friday morning, February 15th, the induction ceremony for the new members to the Jr. Beta organization were held in the mulit-purpose room at Shiloh School. Sponsors Amy Niemerg and Terry Sullivan opened the program and then the current members conducted the ceremony which consisted of lighting designated candles and speaking of the offices they hold and their responsibilities. As each candidate was announced, they proceeded through a receiving line of the sponsors and the current members. Austin Hales responded for the new inductees during the ceremony. Other underclassmen and some high school students were present to watch the ceremony along with parents, grandparents and others in the audience. Approximately 60 were present to watch the program.

Afterwards punch, coffee, and cookies were available to the Jr. Beta members and their families.

The Jr. Beta is open to 7th and 8th grade students at Shiloh. It was organized in 1934 by Dr. John W. Harris, professor at Wofford College in Spartanburg, SC. The first club was formed in Landrum, SC. It is based on the ideals of academic achievement, character, service and leadership. There are now more than 420,000 active members and 8,000 clubs nationally and internationally. Some prominent alumni are Bill Clinton, former U.S. president; Millard Fuller, the founder of Habitat for Humanity; Trisha Yearwood, country musician; Ericka Dunlap, former Miss America 2004; Herschel Walker, professional football player; and Diane Sawyer, TV journalist.

Jarman Center
Senior Living

By Dawn Heacock.,
Marketing
Director

Are You
Feeling
the
Squeeze?



We have heard of the “baby boomers”, the “silent generation”, “generation X” and the “Millennials (Generation Y)”, but there is yet another generation out there that several of you may be a part of and didn’t even know it. 16 Million Americans can now fit into the “Sandwich Generation”. Are you one? Webster defines it best...Sandwich Generation is: A generation of people who are caring for their aging parents while supporting their own children. They are “sandwiched” between two generations, and as you can imagine, just trying to make ends meet.

As the baby boomers age we will see an increase in elderly Americans who will need some sort of care. This is where the “sandwich” caregiver comes into the picture. So who are these caregivers? Most likely female, still working full time and will devote an average of 20 hours a week just to caregiving, not to mention all the other things that will still need to

be done. Over time this will affect your work life, personal life and home life. Many of the people that fall into this generation feel lost, over worked and under-appreciated. They need help but don’t know where to go or what to do about it. Some even feel it is normal or it is their duty or job to take care of their parents as they age. Yes, we all want to be there for our loved ones and we get pressured into handling it all, after all, they raised us and were there for us, so we owe them right? The most important thing anyone in this “sandwich” generation needs to know is that they are not alone and yes there is help and resources out there. If you fit the definition of “sandwich” generation, here are some tips to help you stay sane and make it enjoyable for all parties.

1. Put Yourself First—Because you’re both a conscientious parent and a dutiful child, you may be tempted to put your own needs after those of your aging parents and adult children if you find yourself in a sandwich generation scenario. Don’t.
2. Draw Strength from Faith – More than 60 percent of Baby Boomers cite the power of prayer in helping them cope with stress associated with caregiving, particularly for aging parents. Turning to your faith can help you emotionally, spiritually, and physically. Not to mention the church community that can possibly help with

- some of the thousand things you have on that to do list.
3. Seek Family Support - Maintaining open communications with immediate family members and siblings lets them know how you’re feeling. Doing so gives you a chance to ask for help with tasks such as housekeeping, calling for prescriptions, or assisting with homework for a young child in your household.
4. Talk to Your Employer - With the majority of the sandwich generation employed full-time, the responsibilities of caregiving inevitably can affect work schedules. One of the biggest mistakes caregivers make is to hide their responsibilities from their employers. They may work with you and your schedule.
5. Get Professional Assistance - Talk to your loved one’s doctor about what to expect regarding his or her condition, and ask about concerns related to medications, schedules, diet and exercise. You should also be sure to contact your own doctor when you’re feeling stressed about your caregiving role. Your doctor can suggest ways to alleviate stress ranging from a variety of physical activity programs, such as yoga or brisk walks, to obtaining assistance from community and social service organizations. Many communities offer free support groups or discussion groups where you can get resources, and share with each other.

Jarman Center is starting up a Children of Older Persons (CHOPS) support group to address these needs in our area. Come to the first meeting Thursday Feb 21 at 6 pm. A free chili supper sponsored by Jarman Center with time to meet each other, a short presentation on care taking and self care, and a brainstorming session to determine what kinds of resources we need, how often to meet and structure the group. The purpose is to address the needs of our Sandwich generation in our area. You can also bring your “Older person” for supper with the residents and fun in the resident’s lounge area. This is a time for both you and your elder. Call 253-2325 to let us know you are coming - or email at jarman.center@netcare-il.com. If you are on face book, like us at Jarman Center Senior Living, and go to the CHOPS event page. We will use our email newsletter to keep people informed -sign up at www.JarmanCenter.com.

“The Newman First Christian Church would like to send a big **THANK YOU** to everyone that came out to support our church wall project last Saturday night! We greatly appreciate your kindness and generosity!”

Health Notes

Douglas County Health Department

By Lana Sanstrom, LEHP

“Random Acts of Kindness”

Did you know that there is actually a week for “Random Acts of Kindness”? It took place last week, February 11th - 17th. There actually is a Random Acts of Kindness Foundation which started the national designation of “Random Acts of Kindness Week”; the goal is for people to spread compassion and go above and beyond to make others feel special. The foundation’s belief is that people should practice kindness every day, but with a designated week in February, it is hoped people will go above and beyond to make others feel special. What better week to kick off “Random Acts of Kindness Week” than the week of Valentine’s Day. It’s not too late for you to participate because we can do it every day and hopefully you already are.

The greatest reward of doing random acts of kindness isn’t the joy the giver might receive from making someone happy and thankful; rather it is the contagion associated with it. Once someone receives one of these random acts, it quite often generates their doing a kind act for someone else which sets off a whole chain of kind acts. All of these kind acts make people feel a little kinder to one another. I can see where a lot of happiness could be generated and people would have less time to become agitated with happenings that aren’t so pleasant in their life if we all did random acts of kindness every day.

For example there is an old proverb, “If you see a friend without a smile, give them one of yours”. Think about it, a smile doesn’t cost a person anything, and it has been said that a smile takes

- less muscles to produce than a frown. It is a rare person that won’t return a smile with a smile, and I know from myself a smile truly warms one’s heart. There actually are a lot of acts of kindness that one can do for others that take little time and little or no money in these days of a tight economy; the following are some suggestions:
- Smile and say, “Hello!” to the first three people you see each day at home and out in public

• Wait and let someone else go ahead of you in line at the store

• Tell someone how nice they look

• Call an old friend, a neighbor, a favorite school teacher you had, your scout or 4-H leader, and tell them what a difference they made in your life

• Compliment someone else for their acts of kindness to others

• Make an extra helping or two of the meal or dessert you are preparing and share it with an elderly neighbor or relative

• Offer to babysit for someone who doesn’t have extended family close by, so they can have some free time and come back refreshed ready to continue great parenting after a welcomed break
- You may never know what a difference you have made in someone else’s life or how far your kindness will reach from a chain reaction, but I guarantee you, you will feel good knowing you made a difference in someone’s life.

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Basketball Central

by Tim Hendershot

Speed Bump Hits Raiders at Wrong Time Coming Up Short of League Title

It has been a dream season for the Shiloh Raiders boys' basketball team. The season started with a new regime as Charlie Carver took over the reigns and no one thought that the squad would do very much this year. The skeptics started to believe in the team itself. The Blue and Gold came into the final week of the regular season in first place in the LOVC and had the opportunity to win the title outright to add to their tournament title and extend a nine game winning streak right into the start of the post-season. The obstacle in from of them was two teams that were also in the mix for the title and would be a preview of what the start of the Class 1A tournament will be like. In the end, the Raiders couldn't find the key to open the door to the title as both games were filled with drama and a little controversy going winless and falling short of capturing the outright league title.

It was Senior Night on Tuesday in Hume as the Raiders faced off with the

Arthur-Lovington Knights honoring both Cole Bogle and Bobby Lance for their contributions in their four year careers. Lance did get the start as a ceremonial gesture as his season was ended by a severe knee injury a couple of weeks ago after the tip. Once the game got started, the Knights showed why they have been one of the top teams in the league jumping out to a 34-25 lead in the first half, but the Raiders showed why that they were not the same team as years past fighting all the way back to be down only six points late in the contest. In the end, the Knights hit key free throws and shots down the stretch to take the contest 65-57 and end the Raiders nine game winning streak. The free throw line was a big factor in the contest as Shiloh went only 1 of 6 for 17 percent while Arthur-Lovington was 15 of 21 for 71 percent. The Raiders finished the night going 25 of 54 for 46 percent and 6 of 17 from beyond the arc for 35 percent. Five Raider players hit double



figures as DJ Castillo had his best game of the season to date leading the way with 15 points on 7 of 10 shooting. Andrew Donithan added 14 points on 7 of 9 shooting while both Kaleb Hood and Cyrus Furgeson chipped in 12 points each and Cole Bogle finished with 11 in his final home game. The Knights had four players in double figures with Andrew Maxwell ending with a game-high 16 points on 5 of 8 shooting while Nick Martina chipped in 11 points and both Tyler Schuring and Curtis Plank added 10 points each in the win.

It was then on to Broadlands on Friday night with a share of the LOVC league title on the line for both teams as the Raiders faced the Heritage Hawks for the third time this season. The Raiders won the first two meetings and the last time these two teams played in Broadlands was a 47-45 thriller in the BSN Classic in December. This time around was no exception as it was similar to the LOVC tournament title game in Arcola as the Raiders and Hawks were knotted at 26-26 after one half. This time around, the Hawks used a 19-12 third quarter and used timely shooting to hold on for a 55-49 win and grab a share of the league title away from the Raiders. Cole Bogle and Cyrus Furgeson led the Raiders with 16 points each and the Hawks did a great job on

Andrew Donithan, who was held to only 6 points and was only one of the few times that he has been held under double digits in scoring this season. John Taylor led the Hawks with a double-double finishing with 20 points and 10 rebounds while Austin Dickey chipped in 13 points in the win. The style and tempo of both of these games now gives the Raiders a sense of what is to come as the post-season starts in earnest this week. Head Coach Charlie Carver will now prepare his team to try and capture the school's first regional title in sixteen years, but knows that the road will be filled with teams that are capable of ending the Raiders dreams in an instant.

The Raiders (21-8 overall, 8-2 LOVC) will have played on Wednesday night in the second semi-final of the Chrisman regional in the 2013 IHSA Class 1A tournament as the number two seed against the winner of Tuesday's first round game between the Danville Schlarman Hilltoppers and the Tri-County Titans. The championship game is scheduled for this Friday night at Chrisman High School at 7:30 pm with the winner advancing to the Danville Schlarman sectional next week as they will join the winners of the Arcola, Gilman, and Broadlands regionals with a spot in the Normal super-sectional at Redbird Arena on the campus of Illinois State University on the line in two weeks on Tuesday, March 5. The IHSA Class 1A State Finals are scheduled for the weekend of March 8-9 at Carver Arena, home of the Bradley University Braves, in Peoria. Basketball Central will follow the Raiders quest for their first regional title in sixteen years and have the rundown for you next week.

Raider Women Show No Quit Bowing Out in Sectional Semis

by: Tim Hendershot

It was their biggest challenge to date this season. In that sense, it was something that wasn't new to them. All the Shiloh Raiders girls' basketball team had to do was play up to the caliber of action that the program has been known for knowing that everything was on the line. The women of the Blue and Gold did just that, but came up just short of that goal. A spot in the Sweet Sixteen was in the balance last Monday night in the Altamont sectional of the 2013 IHSA Class 1A tournament as it was a battle of top ten teams in a Battle of the Raiders as number nine Shiloh faced off against number three Central A&M, who hadn't lost a game since mid-November coming into this contest. After a slow start, Shiloh showed their will and determination giving Central A&M their toughest opponent so far in the tournament cutting the lead to 11 points late, but the precision passing and quickness from Central A&M proved to be too much taking the contest 75-59 and ending Shiloh's run to Normal this year.

The first half of the contest was all Central A&M to the tone of 49 points on the strength of Sarah Bailey going inside to the tone of 16 first half points and the defense forcing Shiloh into 11 turnovers to start. Shiloh's offense started very slow, but did stay close to Central A&M in the second quarter scoring 22 points, but was still down 49-29 at the break. The second half saw Shiloh make several adjustments and start to wear down Central A&M using the combination of Lauren Moses and Bethany McGinness to the tone of 12 of the team's 17 third quarter points as Central A&M saw the rim go cold to cut the lead to 60-46 heading into the final eight minutes. Shiloh kept up the momentum late cutting the lead down to 11 points midway through the final stanza, but Central A&M got back to their inside-out passing to keep Shiloh at bay and advance to the title game, where they would eventually lose to the Cowden-Herrick/Beecher City Hornets.

One big factor was the turnovers as Shiloh coughed up the ball 16 times to only 6 for Central A&M along with A&M going 30 of 70 from the field for 43 percent to Shiloh's 19 of 49 for 39 percent. Shiloh did shoot well from the three point line going 7 of 17 for 41 percent to A&M's 5 of 20 for 25 percent. The free throw also kept Shiloh in the contest going 14 of 22 for 64 percent, but A&M went 10 of 11 for 91 percent on the evening. The junior duo of Lauren Moses and Bethany McGinness had their best performances of the season scoring 17 points each with Moses shooting 5 of 13 from the field and 7 of 10 from the free throw line and McGinness going 5 of 12 from three point range and 6 of 13 overall. Betsy Bogle, Morgan Wood and Shelby Smith chipped in 11, 8, and 4 points as they played their final games of their careers respectively. A&M was led by Sarah Bailey with a game-high 23 points on 10 of 21 shooting while Allie Heaton added 15 points on 6 of 11 shooting. Ryan Dooley chipped in 13 points and Taylor Jordan finished with 11 points in the win.

The Shiloh Raiders finish the 2012-2013 season at 24-8 overall and 5-3 in LOVC play winning both the LOVC tournament title once again and the regional title for the fourth time in six years. Another side note is that Head Coach Dave Tingley is now at 242 wins overall as he finishes up his eleventh season at the helm and is getting closer towards another milestone heading into next year. The team now must replace 60% of its starting lineup, which is similar to the 2008-2009 which finished 32-2 and had three starters graduating. With five players graduating and three of them starters, those spots are wide open for the taking and the program having some similar talent that can fill those positions. With a solid class of eighth graders coming in as freshmen next season as well plus changes to the league coming in 2014-2015, the Shiloh Raiders girls' basketball program will be looking to stay as one of the top programs in the area and keep their place as one of the favorites in the LOVC and beyond.

Basketball Central salutes and congratulates the entire team on a great year and hopes for more of the same in 2013-2014.

Boys Basketball Senior Night at Shiloh High



Senior ball player Cole Bogle, son of Dana Bogle and John Bogle of Brocton.





Senior ball player Bobby Lance, son of Bob and Rhonda Lance of Brocton.



Senior band member, Katie Starkey, daughter of Gina and Mark Starkey of Metcalf.

photos by
Kendra Carroll

The Recipe Corner

Baked Macaroni and Cheese

1 8-ounce package macaroni (2 cups)
 3 tbsp margarine
 3 tbsp flour
 2 cups milk
 Pepper, if desired
 ½ lb grated American cheese or cubed Velveeta
 1 cup dry bread crumbs
 Bacon strips

Cook macaroni as directed on package. Drain. Put in greased baking dish. Make white sauce with margarine, flour, salt, milk, and pepper. Add cheese and stir until melted. Pour over and mix with macaroni. Sprinkle bread crumbs on top. Arrange bacon strips on top of bread crumbs.

Bake at 350° for 30 minutes or until bacon is crisp.

from the cookbook of
Helen Hales



Angie Welker, 4-H Youth Program Coordinator, 217-543-3755, awelker@illinois.edu

Share your Special Skills.... Through a SPIN Club

Whether your passion is sailing, robotics, Community Theater or ... *whatever!* ... SPIN (**SP**ecial **IN**terest) Clubs offer a new way for you to share your skills and knowledge with youth in your community.

SPIN Clubs focus on a single topic. They're a great way to introduce kids ages 8-18 to a specific hobby or interest they might not otherwise have a chance to develop.

All it takes to start a SPIN Club is one or more caring and knowledgeable adult ...at least five young people with an interest in the topic ... and a willingness to meet as a club at least six times over the course of a year. Beyond those six meetings, SPIN Clubs require no long-

Comments by Cathy SEEING OUR NATION'S EMBLEM IN THE WILD

I have longed to see a bald eagle in the wild for some time. Dana and I went to Duke Energy Company south of Cayuga, Indiana the week after the Superbowl. For anyone interested in their program, the guard at their facility told us it is always the weekend BEFORE the Superbowl. We were not allowed to enter into the facility, and so we tried getting near the river. If there were eagles there, we did not see any and did not see any nests, which are distinctive because they are so large, measuring 6 to 7 feet across. Eagles will build on existing nests for years by adding to them. So, our eagle search

ended being a wild goose chase and driving through a snowstorm until reaching the Illinois state line!

Not being discouraged, I looked online to find other programs for viewing eagles in their habitats. I did find out that there were eagles at the Rock Island Arsenal, in Rock Island, Illinois. This military installation is significant historically, so many people come there as tourists. Arsenal Island is home to the only existing U. S. Army Foundry that is still used today in the manufacture of artillery and military accoutrements. During the Civil War, a Union Army prison camp existed on the island for captured Confederate soldiers. The first bridge to be built across the Mississippi river was built on Arsenal Island. It is also home of a National Cemetery, and a Confederate cemetery. If you are interested in visiting there, remember it is an active military facility so be sure you have a

picture ID with you or they will not allow you past the gates.

Dana is very interested in these historical landmarks, but my only interest was in seeing the bald eagles.

The park ranger on the island said from December to mid January is the best time to see the eagles and there are usually more there at that time. When



the temperatures are warmer as they have been this year, the eagles will begin to migrate back north to Wisconsin, Minnesota, and Canada. Their numbers had dropped and we only saw 7 eagles. There was a spotting scope set up in the visitor's center on Arsenal Island and I saw one eagle through the scope.

Todd Pribble lives in Davenport, Iowa, and is very near Rock Island. Denise and Traci Pribble accompanied me to Davenport. Todd acted as our unofficial tour guide and was very patient with my requests. He got me close enough that all I had to do was walk out on a foot bridge over the Mississippi, and I could have a very good look through my binoculars at the eagles. Anyone who knows me understands I am terrified of bridges. Driving across them is bad enough but to walk across one over the water that was made of mesh grating was another

thing entirely. I could look down and see the water. But, I was so determined to take my chance to see the eagles that I walked out there by myself, and looked at the eagles with my binoculars. I watched them for a little while and one of them took off in flight. I was so moved at the sight of them, I almost cried. I am 62 years old and this is the first time I have seen them in the wild.

If you are interested in seeing a live

webcam of a bald eagle sitting on her egg, go to alcoaeagles.com/davenport. I did some research, and those eggs will take about 35 days to hatch. The hatchlings will stay with their parents for 11 to 18 weeks before they are left on their own. It takes the bald eagles 5 years to

totally mature, and that long to get their signature coloring of white head and tail. I saw some eagles that were not colored with the white so they could not have been 5 years old however; in size they were as big as the mature birds. They looked similar to golden eagles. Their wingspans can be as wide as 8 feet and they are so powerful, they can fly up to 100 miles an hour when chasing prey.

My advice for anyone interested in viewing the eagles is to do your research and start early. The prime time for seeing them is when there are no leaves on the trees, and in December and January, they are building their nests to lay their eggs. I would like to take my grandchildren to see them next year. Maybe they will not find the eagles as interesting as I did, but I don't want them to wait most of their lives as I did before they see our nation's emblem up close and personal.

term commitment. SPIN Clubs are affiliated with the 4-H Youth Development program, but no prior experience with 4-H is needed.

Adults and young people often have a limited amount of "free time" for hobbies and other interests. So SPIN Clubs meet *whenever* and *wherever* they want. For example, a SPIN Club that focuses on international cuisine may meet at a nearby restaurant, a caterer's kitchen, a specialty shop or someone's home.

While the SPIN Club's adult leader provides expertise and guidance, the club members take an active role in planning and running their own activities. Through their SPIN Club experiences, kids develop a sense of belonging,

independence, generosity and mastery – and most of all, they have fun learning new skills!

Youth Development Educators with University of Illinois Extension serve as resource people for youth or volunteers who are interested in starting a SPIN Club. Extension Educators work with new club leaders to ensure that everyone has a positive and successful SPIN Club experience. Educators may also be able to help recruit new members or volunteers, and make the clubs more visible in the community.

Want to know more? Contact me today.

REMEMBER THE ALAMO



Feb. 23 – Mar. 6, 1836 The siege of the Alamo fortress and the beginning of Texas independence.




Save the date!

Saturday, April 20, 2013
At the Newman UMC
Prairie Mission Ministries Spaghetti Supper!

Remember the fun from last year? Lots of people, great food, local entertainment, an evening to remember? Welcome it back this year on April 20, 4:30 – 7 p.m. Ticket prices remain the same as last year: \$5.00 + 1 canned food item for the Rural Grace Food Pantry. Many thanks to Monical's Pizza of Villa Grove for their generous support. Watch for more information. You won't want to miss out!



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This Day in History, Feb. 23, 1945, Iwo Jima

During the bloody Battle for Iwo Jima, U.S. Marines from the 3rd Platoon, E Company, 2nd Battalion, 28th Regiment of the 5th Division take the crest of Mount Suribachi, the island's highest peak and most strategic position, and raise the U.S. flag. Marine photographer Louis Lowery was with them and recorded the event. American soldiers fighting for control of Suribachi's slopes cheered the raising of the flag, and several hours later more Marines headed up to the crest with a larger flag. Joe Rosenthal, a photographer with the Associated Press, met them along the way and recorded the raising of the second flag along with a Marine still photographer and a motion-picture cameraman.



Rosenthal took three photographs atop Suribachi. The first, which showed five Marines and one Navy corpsman struggling to hoist the heavy flag pole, became the most reproduced photograph in history and won him a Pulitzer Prize. The accompanying motion-picture footage attests to the fact that the picture was not posed. Of the other two photos, the second was similar to the first but less affecting, and the third was a group picture of 18 soldiers smiling and waving for the camera. Many of these men, including three of the six soldiers seen raising the flag in the famous Rosenthal photo, were killed before the conclusion of the Battle for Iwo Jima in late March.

In early 1945, U.S. military command sought to gain control of the island of Iwo Jima in advance of the projected aerial campaign against the Japanese home islands. Iwo Jima, a tiny volcanic island located in the Pacific about 700 miles southeast of Japan, was to be a base for fighter aircraft and an emergency-landing site for bombers. On February 19, 1945, after three days of heavy naval and aerial bombardment, the first wave of U.S. Marines stormed onto Iwo Jima's inhospitable shores.

The Japanese garrison on the island numbered 22,000 heavily entrenched men. Their commander, General Tadamichi Kuribayashi, had been expecting an Allied invasion for months and used the time wisely to construct an intricate and deadly system of underground tunnels, fortifications, and artillery that withstood the initial Allied bombardment. By the evening of the first day, despite incessant

mortar fire, 30,000 U.S. Marines commanded by General Holland Smith managed to establish a solid beachhead. During the next few days, the Marines advanced inch by inch under heavy fire from Japanese artillery and suffered suicidal charges from the Japanese infantry. Many of the Japanese defenders were never seen and remained underground manning artillery until they were blown apart by a grenade or rocket, or incinerated by a flame thrower.

While Japanese kamikaze flyers slammed into the Allied naval fleet around Iwo Jima, the Marines on the island continued their bloody advance across the island, responding to Kuribayashi's lethal defenses with remarkable endurance. On February 23, the crest of 550-foot Mount Suribachi was taken, and the next day the slopes of the extinct volcano were secured.

By March 3, U.S. forces controlled all three airfields on the island, and on March 26 the last Japanese defenders on Iwo Jima were wiped out. Only 200 of the original 22,000 Japanese defenders were captured alive. More than 6,000 Americans died taking Iwo Jima, and some 17,000 were wounded.

source for article:
<http://www.history.com/this-day-in-history/us-flag-raised-on-iwo-jima>

Douglas County Final Multiplier Announced

SPRINGFIELD, IL, - Douglas County has been issued a final property assessment equalization factor of .9709, according to Brian Hamer, Director of the Illinois Department of Revenue.

The property assessment equalization factor, often called the "multiplier", is the method used to achieve uniform property assessments among counties, as required by law. This equalization is particularly important because some of the states 6,600 local taxing districts overlap into two or more counties (e.g. school districts, junior college districts, fire protection districts). If there were no equalization among counties, substantial inequities among taxpayers with comparable properties would result.

Under a law passed in 1975, property in Illinois should be assessed at one-third (1/3) of its market value. Farm property is assessed differently, with farm homesites and dwellings subject to regular assessing and equalization procedures, but with farmland assessed at one-third of its agriculture economic value. Farmland is not subject to the state equalization factor.

Assessments in Douglas County are at 34.33 percent of market value, based on sales of properties in 2009, 2010, and 2011.

The equalization factor currently being assigned is for 2012 taxes, payable in 2013. Last year's equalization factor for the county was 1.0000.

LEGAL NOTICE

STATE OF ILLINOIS
IN THE CIRCUIT COURT OF THE SIXTH JUDICIAL
CIRCUIT DOUGLAS COUNTY – IN PROBATE
IN THE MATTER OF
THE ESTATE OF BETTY B. MARTIN, DECEASED.
No. 2013-P-7

NOTICE FOR PUBLICATION - CLAIMS

Notice is given of the death of Betty B. Martin, of Tuscola, Douglas County, Illinois, who died on January 24, 2013. Letters of Office as Co-Executors were issued on February 7, 2013 to Judith E. Landes, 7914 North 1400th Street, Paris, Illinois 61944 and Kathy J. Haskins, 206 North Mill Street, Martinsville, Illinois 62442, Douglas County, Illinois, whose attorney is E. Robert Anderson of Anderson Law Offices, 1204 North Main Street, P.O. Box 10, Paris, Illinois 61944-0010.

Claims against the estate may be filed in the office of the Clerk of the Court at Tuscola, Douglas County, Illinois, or with the representative, or both, on or before August 14, 2013, and any claim not filed within that period is barred. Copies of a claim filed with the Clerk must be mailed or delivered to the Executor and to the attorney within ten (10) days after it has been filed.

Judith E. Landes and Kathy J. Haskins
Co-Executors

By: E. Robert Anderson

E. Robert Anderson, ANDERSON LAW OFFICES
1204 North Main Street. P.O. Box 10
Paris, Illinois 61944-0010
(217) 465-3535 kalaw@frontier.com

published 2/21/13

LEGAL NOTICE

IN THE CIRCUIT COURT FOR THE 6TH
JUDICIAL CIRCUIT
DOUGLAS COUNTY - TUSCOLA, ILLINOIS
BANK OF AMERICA, N.A.
PLAINTIFF
VS.

JULIAN MENDOZA, NADYA M. GAUNA,
CURRENT SPOUSE OR CIVIL UNION
PARTNER, IF ANY, OF JULIAN MENDOZA,
CURRENT SPOUSE OR CIVIL UNION
PARTNER, IF ANY, OF NADYA M. GAUNA,
CAPITAL ONE BANK (USA), NATIONAL
ASSOCIATION, UNKNOWN OWNERS,
GENERALLY, AND NON-RECORD
CLAIMANTS.
DEFENDANTS

13 CH 4

Property Address: 275 W. Washington Street
Arcola, IL 61910
NOTICE OF PUBLICATION AS TO
UNKNOWN OWNERS
AND NON-RECORD CLAIMANTS

The requisite affidavit for publication having been filed, notice is hereby given to: JULIAN MENDOZA, CURRENT SPOUSE OR CIVIL UNION PARTNER, IF ANY, OF JULIAN MENDOZA, CURRENT SPOUSE OR CIVIL UNION PARTNER, IF ANY, OF NADYA M. GAUNA, UNKNOWN OWNERS, GENERALLY, AND NON-RECORD CLAIMANTS, Defendants in the above-entitled action, that a Complaint for Foreclosure and Other Relief has been commenced in the Circuit Court of Douglas County, by said Plaintiff against you and other defendants, praying for the foreclosure of certain mortgages conveying the premises legally described as follows: LOT THREE (3) OF A SUBDIVISION OF LOT SIX (6) OF MCCANNS RESERVE OF MCCANNS ADDITION TO THE ORIGINAL TOWN, NOW CITY ARCOLA, DOUGLAS COUNTY, ILLINOIS

P.I.N.: 01-14-04-313-002
COMMON ADDRESS: 275 W.
Washington Street, Arcola, IL 61910

And which mortgages were made by Julian Mendoza and Nadya M. Gauna, as Mortgagor(s); and given to Bank of America, N.A. as Mortgagee; to wit: that certain "Mortgage" dated October 18, 2006 and recorded as Document No.249540, that Summons was duly issued out of said court against you as provided by law, and that the said Complaint is now pending for foreclosure of said mortgages and for other relief.

Now, therefore, unless you JULIAN MENDOZA, CURRENT SPOUSE OR CIVIL UNION PARTNER, IF ANY, OF JULIAN MENDOZA, CURRENT SPOUSE OR CIVIL UNION PARTNER, IF ANY, OF NADYA M. GAUNA, UNKNOWN OWNERS, GENERALLY, AND NON-RECORD CLAIMANTS, file your Appearance and Answer to the Complaint in said action in the office of the Clerk of the Circuit Court of Douglas County, Chancery Division, on or before the March 18, 2013 default may be entered against you at any time after that day and a judgment entered in accordance with the prayer for relief in said Complaint.

CLERK OF THE CIRCUIT COURT

Penny A. Land
Susan J. Notarius
Kluever & Platt, LLC
65 E. Wacker Place, Suite 2300
Chicago, Illinois 60601
(312) 201-6679
Attorney No. 06187248
Our File #: BAFC.0121
1507963

published 2/21/13

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2/21-4

POSITIONS AVAILABLE

BOOKKEEPER: Must demonstrate proficiency in payroll, accounts payable, and fund accounting. Previous experience with STI a plus. Review of applications begins immediately and continues until position is filled. Send letter of application and resume to Dr. John Wheatley, Superintendent, Shiloh CUSD #1, 21751N 575th St., Hume, IL 61932

SOFTBALL COACH: Send letter of application, resume and copy of teaching and/or coaching certificate(s) to: Dr. John Wheatley, H.S. Principal, Shiloh School District #1, 21751N 575th St., Hume, IL 61932. Review of applications begins immediately and continues until position is filled.

Foodservice Managers Class

A foodservice sanitation manager’s course will be offered Monday, March 18 and Wednesday, March 20, 2013, from 8 a.m. to 5 p.m., at ILEAS Training Center, (former Champaign Co Nursing Home), 1701 E Main St, Urbana, IL. The exam will be Monday, March 25, from 9-11 a.m. at ILEAS. Persons needing recertification for their IL Dept. of Public Health certificate may attend the second day, Wednesday, March 20, from 8 a.m. to 1 p.m.

Contact Sue Summerville, 217-684-2435, to register or for further information. Cost: \$120 for certification class including text and IL exam; ServSafe exam at an additional fee; \$60 for recertification class including text.

SHIMKUS OPENS NEW
OFFICES IN 15TH
DISTRICT

Congressional Offices Located in Maryville, Danville, Effingham, Harrisburg

Maryville, Illinois - Following his election to the new 15th Congressional District last November, Congressman John Shimkus (R, Illinois-15) has relocated his district offices.

“In order to serve the 700,000 plus residents of this district, I am opening four offices in all regions of the 33 county district,” Shimkus said. “While some people still want to physically come to the office, we can assist over the phone or via fax and email in many cases.

“I urge constituents to also use my website (shimkus.house.gov) to get information or contact me,” Shimkus added.

The new district office addresses and telephone numbers are: **15 Professional Park Drive**, Maryville, IL 62062 (618)288-7190

***201 North Vermilion Street**, Suite 218, Danville, IL 61832 (217)446-0664. This office is in the Federal Building and U.S. Courthouse in downtown Danville.

***101 North Fourth Street**, Suite 303, Effingham, IL 62401 (217)347-7947. This office is in the Effingham County Building across from the Courthouse.

***City Hall Room 12**, 110 East Locust Street, Harrisburg, IL 62946 (618)252-8271. This office is in the basement of Harrisburg City Hall.

The Congressman’s Washington office remains: 2452 Rayburn, Washington, DC 20515 (202)225-5271

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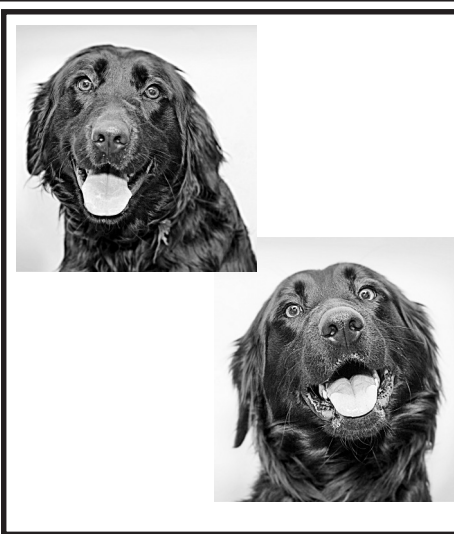
Camargo Bank 832-2061

Villa Grove 832-8179

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Maggie and Molly are two beautiful Flat-Coated Retriever sisters available for adoption. They are estimated to be around 1 1/2 years old. Maggie weighs 56 pounds and Molly weighs 42 pounds. Both are spayed, microchipped and current on all vaccinations. **Maggie and Molly** are friendly, get along well with children and also with other dogs. Please call the Douglas County Animal Shelter in Tuscola to meet **Maggie and Molly** and other adoptable pets at [217-253-4921](tel:217-253-4921).

photo by Dogtown Artworks

Cancer Group Meeting to Feature PCH
Infusion Clinic

(Paris, Ill.)—Elizabeth Paschal, RN, Infusion Clinic manager at Paris Community Hospital/Family Medical Center, will be the featured speaker at this month’s Cancer Friendship Group meeting.

The meeting will take place Tuesday, Feb. 26, at 10 am in Conference Room B at the hospital.

Paschal, who has 30 years of nursing experience, will discuss new and ongoing services offered locally at the PCH Infusion Clinic. She is versed in a variety of IV therapy, including chemotherapy,

blood products, injections, and infusions to treat arthritis.

Established in January 2003, the Cancer Friendship Group is celebrating its 10-year anniversary in 2013. The group offers a network of encouragement and compassion for all cancer survivors, their family members, friends, and caregivers within our community. New members are always welcome.

For more information, call Carolyn Sutton, LCSW, licensed clinical social worker, at (217) 465-2606 (or toll free 1-866-465-4141), Ext. 290.

Carle Community Diabetes Event Features
Exhibitors and Celebrity Speaker

Champaign, Ill. – Carle is hosting a free community diabetes event March 5, 2013, 6-8:30 p.m., at the Hilton Garden Inn Conference Center, to educate Central Illinois residents who have prediabetes and diabetes. *Type One, Type Two, Type You* will be structured similar to educational events hosted annually in larger metropolitan areas – such as Chicago and Indianapolis – featuring exhibitors, national and local diabetes product retailers, an expert panel discussion as well as keynote speaker Jim Turner, a highly regarded actor and television series host.

Turner was diagnosed with Type 1 diabetes in high school and has been the host of dLife, CNBC’s television show by & for people with diabetes, since 2005. Best known as ex-football-star-turned-agent Kirby Carlisle during the seven year run of the HBO comedy, ARLI\$\$, Turner’s

other television credits include guest-star spots on: Castle, Grey’s Anatomy, Big Bang Theory, Franklin & Bash, Happy Endings, The Young & The Restless, King of Queens, Roseanne, That 70’s Show, The Larry Sanders Show, Lucky Louie, voiceovers on Rugrats, and will be appearing as Steve Job’s lawyer in the upcoming jOBS.

“Educational opportunities like this event are more important than ever because nationally, 1 out of 3 in the U.S. has prediabetes or diabetes,” said Martha Trenkamp, RD, CDE, LDN, Carle Endocrinology. “Knowledge is power in the fight against diabetes and we are pleased to bring this valuable opportunity to the community.”


The event is funded through a generous estate gift from Jody Trisler and, due to limited seating, the public is asked to RSVP by calling (217) 383-3021.

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